# ESCULE YOUR GENEROSITY AT WORK Boston Rescue Mission Newsletter

SUMMER 2018

#### You are the HOPE giver!

When people hit rock bottom, and problems overwhelm them completely, they need HOPE to reclaim their lives.

How can the Mission continue to help homeless, desperate and hungry people transform their lives without you?

Your support provides food for the body, spiritual presence for the soul, and one-on-one guidance to help our guests return to society and live as law-abiding, taxpaying citizens.

My heart is filled with gratitude to have rescuers such as you. Your compassion has helped to move people like Bill from despair to hope.

Looking forward to hearing from you soon!

Blessings, John

Rev. John Samaan, President

## I Needed Hope!

Hi I'm Bill. My introduction to the Mission was eye-opening. As I'm recovering, I want to give to others the help given to me. I certainly needed hope!

Besides my alcoholic father, my childhood seemed pretty normal. I went to school and worked in floral design in the

"My daughter said

I see the

body of

my father,

but he's

not really

there.' "

summer. After graduation, I ran my own floral shop for 22 years. Life in a floral shop can be quite hectic and stressful!

Near the end of that business my social drinking escalated. One drink led to another, which just shut down my life. After a medically induced coma and rehab, you think I would have learned my lesson. Then a close friend passed away and I plunged

into a terrible alcoholic episode. I en-

tered detox just before Christmas. After arriving at the Mission, I thought "How could I let this happen?" But staff help and support me here. I'm putting work into healing myself, which brings healing to others too.

I'm not lost. There is another life for me to find.

-Bill





#### $oldsymbol{M_V}$ Gift To Feed & Shelter The Homeless

YES, John, You can count on me to help those in need. Here is my gift of:

#### **WAYS TO GIVE**

- **Telephone** 617-338-9000 ext. 1209
- Online Go to www.brm.org
  - & click on the Donate Now! button.
- Mail Cut on the dotted line & return this form with your check to the Boston Rescue Mission or fill in your credit card information below.

Please	charge	my	gift	on m	y credit	card:
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Your gift is tax-deductible as allowed by law You will receive a receipt



L to R: John Samaan, President and CEO, Boston Rescue Mission; Marylou Sudders, Secretary, Executive Office of Health & Human Services; Bradley Richardson, spouse of Marylou Sudders; Alice F. Bonner, Secretary, Executive Office of Elder Affairs; Ed Flynn, District 2 Councilor, Boston City Council

#### **Over 25 Years of Celebration**

For over 25 years on the Sunday before Thanksgiving, the Boston Rescue Mission has celebrated a 'Day of Thanks' to rejoice in the many blessings received through the year. On Sunday, November 18th, hundreds of homeless people and other needy families from the Boston community will join Mission staff and volunteers and enjoy a traditional Thanksgiving meal. Additionally, several hundred food baskets with turkeys and all the trimmings will be given out to families so they can prepare and enjoy a Thanksgiving feast at home.

The 'Day of Thanks' begins at 12 noon with a brief opening ceremony featuring key dignitaries who support our cause. We encourage you to join us for these festivities, and then stay for a tour of the Mission! If interested, please contact Eric Grenfell-Muir at 617-338-9000 x1209 or egrenfell-muir@brm.org.



### **PAWS for Serenity**

When Ken walked into a Mission recovery group with a dog in the center, he shook his head and walked right back out again. After reconsidering, he returned and met Polly, the Jack Russell terrier, and the Mission case manager leading the group.

Since January, Polly and her handler Christine have joined the Mission's PAWS for Serenity Relapse Prevention Group. Each week, Polly meets program members like Ken in the beginning phase of their program and helps them to relax and lower their defenses as they adjust to a new environment. She often will play a direct role in the sessions as both her instinctive and learned behavior can apply to recovery experiences. Clients work to overcome many struggles as they first arrive, so any extra levels of programming the Mission can provide should help to guide clients on their journey to self-sufficiency.

# A Busy Winter Keeping Homeless People Safe & Warm

In October Boston Rescue Mission responded to the steep increase in the number of homeless women and men. Each night throughout the bitter cold winter, the Mission provided warm shelter, hot meals, and safe beds to 180 people who were homeless. In all 1,300 different people were accommodated.

Mike Way, Vice President of Operations, stated that, "Over the winter the Mission was at almost maximum capacity. Now that it's summer we have new challenges—offering our guests shelter from oppressive heat."



After eating a hot meal, warm, safe beds await those in need in the Mission's overnight shelter program.

#### \$19.20 Does Much More Than Feed 10 Hungry People



Not everyone who comes to the Mission to eat is homeless. Between gas, rent, utilities, and medical bills, families don't have enough left over to buy food. They come to the Mission's kitchen or food pantry for meals to help tide them over and keep them on their feet!

So would you please provide as many meals and as much help as you can? Mail your gift today in the enclosed envelope, or give online at www.brm.org.
Thank you!

#### hope percent

Your
Monthly Gifts
Create a
Circle of Hope

When you support the Mission's life-transforming programs with a monthly gift, you bring hope to homeless guests every day of the year. And when you setup an automatic gift online at www.brm.org, you skip the checks, envelopes, and stamps. Please join our monthly giving **Circle of Hope** today.